



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course 2009 Run To Feed The Hungry 10K Distance 10000 m

Location (state) California (city) Sacramento

Type of course: road race  calibration  track  Configuration: Loop

Type of surface: paved 100 % dirt        % gravel        % grass        % track        %

Elevation (meters above sea level) Start 12 m Finish 10 Highest 17 Lowest 6

Straight line distance between start & finish 402 m Drop 0.2 m/km Separation 4 %

Measured by (name, address, phone & email) Rich Hanna 916.492.8966

624 35th Street, Sacramento, CA 95816 rich@capitalroadrace.com

Race contact (name, address, & phone) Rich Hanna 916.492.8966

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Measuring Methods: bicycle  steel tape  electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: November 15, 2009

Race date: November 26, 2009 Course certification effective date: November 24, 2009

Replaces: CA00049RS (if applicable) Certification code: CA09069RS

Notice to Race Director:  
Use this Certification Code in *all* public  
announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year* **2019**

**AS NATIONALLY CERTIFIED BY:**

Date: November 24, 2009

Ron Scardera — USATF/RRTC Certifier  
 5660 Valley Oak Drive, Los Angeles, CA 90068 - (323) 467-7750 - rscar@pacbell.net