



Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course 2010 Nike Women's Fitness Festival 5K Distance 5000 m

Location (state) California (city) Sacramento

Type of course: road race [X] calibration [] track [] Configuration: Various loops

Type of surface: paved 100 % dirt % gravel % grass % track %

Elevation (meters above sea level) Start 7 m Finish 6 Highest 7 Lowest 6

Straight line distance between start & finish 168 m Drop 0.2 m/km Separation 3.3 %

Measured by (name, address, phone & email) Doug Thurston & Kim Parrino 916.802.7668

6618 Belle Glade Ave, San Diego, CA 92119 dthurston@competitorgroup.com

Race contact (name, address, & phone) Kim Parrino 916.441.1751

Fleet Feet, 2311 J St, Sacramento, CA 95816

Measuring Methods: bicycle [X] steel tape [] electronic distance meter []

Number of measurements of entire course: 2 Date(s) when course measured: December 29, 2009

Race date: June 6, 2010 Course certification effective date: February 23, 2010

Replaces: CA09035RS (if applicable) Certification code: CA10009RS

Notice to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

Date: February 23, 2010
Ron Scardera — USATF/RRTC Certifier
5660 Valley Oak Drive, Los Angeles, CA 90068 - (323) 467-7750 - rscar@pacbell.net