



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course 2010 Ontario Mills 10K Distance 10000 m

Location (state) California (city) Ontario

Type of course: road race  calibration  track  Configuration: Loops

Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %

Elevation (meters above sea level) Start 322 m Finish 319 Highest 322 Lowest 306

Straight line distance between start & finish 293 m Drop 0.3 m/km Separation 3 %

Measured by (name, address, phone & email) Ron Grayson 760.598.2630

1523 Clearwater Ridge, Vista, CA 92081 rongrayson@yahoo.com

Race contact (name, address, & phone) Christian Okoye 909.481.3541

10081 Big Pine Dr, Alta Loma, CA 91737 christian@okoyefoundation.org

Measuring Methods: bicycle  steel tape  electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: January 10, 2010

Race date: January 23, 2010 Course certification effective date: January 18, 2010

Replaces: \_\_\_\_\_ (if applicable) Certification code: CA10004RS

Notice to Race Director:  
Use this Certification Code in *all* public  
announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2020**

**AS NATIONALLY CERTIFIED BY:**

Date: January 18, 2010

Ron Scardera — USATF/RRTC Certifier  
 5660 Valley Oak Drive, Los Angeles, CA 90068 - (323) 467-7750 - rscar@pacbell.net